5 Nov 25 Distressing News in Art!

Table cover, apron, kitchen sponge with scourer, pencil, rubber, kitchen roll, scissors, sandpaper. 2 big yogurt pots for water.

We'll need acrylic paints (though inks can be used after to stain. Acrylic inks with pipette are most useful) Bring a selection from these generally useful colours...

Lemon and cad yellow, prussian and ultramarine blue, cad red and alizarin crimson. Burnt umber ,raw sienna, white. I'll bring some metallics.

You'll need a crackle medium. There is a thin sort you sandwich between two layers of paint (see craft supplies) this will dry fastest.

Or a thick crackle paste that takes longer to dry but has more texture. (I found cheapest at Temu on line allow for delivery times). Perhaps pre-prepare a couple of samples and a picture that you can paint on the day.

You can paint on 300gram/140lb rough watercolour paper a4-a3 (and need a slightly bigger board and white DIY masking tape)

Or canvas on board, or stretched canvas or any board (see the Works and bargain shops for economy)

Art shops sell many fancy texture mediums but DIY filler is as good (£1.50 ish I Home Direct) you need a palette knife/ plastic scraper/ old credit card to apply.

Set of 5 bristle brushes (approx £1.50 bargain shops) and a better synthetic round brush size 6-12 (see the Works). A white palette- paper or crock plates work or big plastic one. Or tear off palette makes quick cleaning (£1ish in bargain shops).