# MATERIALS for TRIPTYCH PAINTING - any media

## From home

Cover for 6ft table [paper, plastic etc]

2 big yogurt pots for water, paper towel, kitchen sponge with scourer side

Large [at least a3 ]C heap white paper for a plan and warm up [copier papier or children's pad-see the works] pencil, ruler, rubber

Unless using stretched canvas, you need a mdf/ply board approx 1" bigger than yr paper and masking tape to fix it. Aim for a3 type size [check out ones with handles and clips at Home direct, Teignmouth and Hobbycraft, Kingsteignton[ dearer]. NB today your board must be bigger than the three pieces of paper to work on all at once. So may be A2 or A1

You may like to bring a photo for reference or use one of mine, but having your own will help u choose canvas/paper size. Canvases may be equal in size and square/rectangular [see my painting above] or may differ and be staggered. Experiment with what suits yr image.

#### Paint

Any media- acrylic , oil [+turps], pastels, inks, watercolours etc

Recommended colours that cover most needs- Cadmium & lemon yellow. Cadmium red & alizarin crimson [avoid Pebeo brand for this one]. Ultramarine & prussian blue. Raw sienna, burnt umber, paynes grey. In acrylic, pastels and oils you need white too. Greens and black can be mixed .Pastels may want greens.

NB In some media the colours will have different names, compare to acrylic tubes for closest.

A big white plastic palette[a4] or crock/plastic/paper plates. Oil and acrylic can use tear off palettes too.

## Ground

Aim for approx at least a3 size, rectangle .

[Oils require canvas paper pad, board or stretched. Approx a3 size.

Ditto acrylics but can also be on watercolour paper. as below, or cardboard.

Watercolour needs specifically 300gram/140lb weight of water colour paper to take big washes[less just buckles] rough textured is most useful. Avoid mixed media paper.

Chalk Pastels need pastel paper. Oil pastels will work on most of above. Smooth is often gd.

## Brushes & tools

At least.....Watercolour needs soft, round, pointed brushes in about a 6 & 12 [nothing smaller]. A ½'' to 1 inch flat brush is useful too. See inexpensive sets of golden synthetic brushes at The Works.

Oils and acrylics need bristle brushes at first see packs of 5 long, round or flat ones in many bargains shops for about  $\pm 1.50$ 

Trago, Hobbycraft, the Range, Home direct & Picture this in Teignmouth are worth exploring. Also bargain and charity shops. Jacksons and Art discount on line.