

Learn Portuguese – Beginners Course

Discover the Portuguese language in this fun and practical beginners' course. Learn essential vocabulary, everyday expressions, and the grammar you need to communicate with confidence. You will practise speaking in real-life situations such as introducing yourself, travelling, shopping, and dining, while also exploring Portuguese culture. By the end of the course, you will have the skills to hold simple conversations and continue your language-learning journey with confidence.

Start speaking Portuguese with confidence!

In this course you will learn:

- Greetings and introductions
- Everyday vocabulary for travel, shopping, and dining
- Simple grammar foundations (nouns, verbs, adjectives, prepositions)
- How to hold short conversations in Portuguese

By the end of the course you will be able to:

- Introduce yourself and exchange personal information
- Use essential phrases in real-life situations
- Build simple sentences with correct grammar
- Appreciate Portuguese culture while practicing the language

Perfect for beginners who want to explore the Portuguese language and culture

Week 1: Foundations – Greetings and the Verb "To Be" (Identity)

- **Grammar:** Noun endings to determine **gender** (-o for masculine, -a for feminine, and special cases like -ão, -dade, and -agem).
- **Articles:** Master **definite articles** (*o, a, os, as*) and **indefinite articles** (*um, uma, uns, umas*).
- **Plurals:** Rules for forming the plural of nouns and adjectives.
- **Topics:** Introductions, formal and informal greetings, and the verb **Ser**.
- **Key Concepts:** Learn to say "Hello" (*Olá*), "Good morning" (*Bom dia*), and "My name is..." (*Eu chamo-me...*).
- **Grammar:** Introduction to **Subject Pronouns** (*eu, tu, você, ele/ela, nós, vocês, eles/elas*).
- **Verb Focus:** Conjugation of **Ser** (to be) for permanent identity, nationality, and profession.

- **Pronunciation:** Basic nasal sounds such as *sim* and *não*.
- **Topics:** Identifying objects and understanding the gendered nature of the language.

Week 2: Conditions and Locations – "Ser" vs. "Estar"

- **Topics:** Distinguishing between permanent and temporary states of being.
- **Grammar:** Master the difference between **Ser** (identity/permanent) and **Estar** (condition/location/temporary).
- **Vocabulary:** Basic adjectives (tall, beautiful, happy, tired) and **colors** (blue, red, yellow).

Week 3: Numbers, "ter", "tomar"

- **Topics:** Counting, age, and "ter".
- **Vocabulary: Numbers 1–10.**
- **Verb Focus:** Conjugation of **Ter** (to have) and expressing age. : Conjugation of **Tomar**.

Week 4: Demonstratives and Spatial Awareness

- **Topics:** Pointing things out and describing where they are.
- **Grammar: Demonstratives** to indicate distance relative to the speaker and listener (*este, esse*).
- **Prepositions of Place:** *Aqui/ Aí*. Using terms like *perto de* (near), *longe de* (far), *em cima de* (on top of), and *ao lado de* (next to).

Week 5: Conjugations and days of the week

- **Verb Focus:** Conjugation of **Tomar** (to take/drink) **Beber** (to drink), **Abrir** (to open)
- **Vocabulary: Days of the week** (*segunda-feira* through *domingo*) and expressing when you do certain activities.
- **Phraseology:** Asking "What day is today?" (*Que dia é hoje?*).

Week 6: Regular Verbs and "poder"

- **Topics:** Building sentences with action verbs and expressing capability.
- **Grammar:** Conjugation patterns for **regular verbs** ending in **-ar** (e.g., *falar*), **-er** (e.g., *comer*), and **-ir** (e.g., *abrir*).
- **Verb Focus:** Using **Poder** (can/to be able to) to ask for permission or express ability.

Week 7: Interrogatives and Desires

- **Topics:** Asking questions and expressing polite needs.

- **Grammar: Interrogative words** (*quem, onde, quando, como, porquê, qual, quanto*) and how to structure a question.
- **Verb Focus:** Using **Querer** (to want) in both the present tense for direct needs and the conditional/past (*quereria/queria*) for polite requests.

Week 8: Preferences and Quantities

- **Topics:** Describing likes, dislikes, and amounts.
- **Verb Focus:** The verb **Gostar de** (to like) and the requirement of using the preposition "de" after it.
- **Grammar:** Using **quantifiers** like *muito* (much/many), *pouco* (little/few), *mais* (more), and *menos* (less).

Week 9: Weather, Meals

- **Topics:** Describing your surroundings and food culture.
- **Grammar:** The impersonal verb **Há** (there is/there are) and distinguishing it from *Está* for location.
- **Vocabulary: Weather expressions** (*faz sol, faz frio, chove*) and the four main meals (*pequeno-almoço, almoço, lanche, jantar*).

Week 10: Possessive adjectives and demonstratives

- **Grammar: Possessive adjectives** (*meu/minha, teu/tua, seu/sua*) and how they must agree with the object being possessed.
- **Word Formation:** The use of **diminutives** (*-inho/a*) to express smallness or affection.

Week 11: Reflexive Actions and Timing

- **Verb Focus: Reflexive verbs** used for daily routines, such as *levantar-se* (to get up), *lavar-se* (to wash oneself), and *chamar-se* (to be named).
- **Grammar:** Mastering the versatile adverb **Já**, which can mean "already," "ever," "yet," or "soon" depending on the context.

Week 12: Comparisons, Diminutives, and Culture

- **Grammar:** Using **comparatives** (better/worse) and **superlatives** with the *-íssimo* ending.
- **Culture:** A brief overview of Portuguese history, such as the **Carnation Revolution** of April 25th, to provide cultural context to the language.

Book: [Portuguese in 3 Months with Free Audio App: Your Essential Guide to Understanding and Speaking Portuguese \(Hugo in 3 Months\) \(DK Hugo in 3 Months Language Learning Courses\) : DK: Amazon.co.uk: Stationery & Office Supplies](#)

Available on Amazon UK